



**The Matawa Health Co-operative is
providing COVID-19 Mental Wellness
assistance through telephone support:**

Mental Wellness Phone Counselling

Mondays & Saturdays - 10:00am-6:00pm

(807) 252-5392

Wednesdays 8:30am – 4:30pm

(807)630-5944

Tuesday & Thursday Evenings

6:00pm – 9:00pm

(807) 631-0831

Fridays 10:00am – 6:00pm

(807) 632-5058



MATAWA HEALTH CO-OPERATIVE



QA#: CO-OP TEM 010 Department: Matawa Health Co-Op Issue Date: June 12, 2019 Revision No/Date: October 4, 2019
Approved by: Executive Director