



WE DON'T JUDGE

Ensure that Matabwa students under the influence of alcohol and other substances have **access to a safe, non-judgemental environment** where they are able to sleep it off and access help.

Reduce the number of alcohol and substance related incidents in our community, by providing Matabwa students with an alternative to police or hospital services.

Matabwa

Safe

Sobering

Site

Providing Matabwa students under the influence of alcohol and other substances access to a safe, non-judgemental environment where they are able to sleep it off and access help.

**Aroland • Constance Lake • Eabametoong
Ginoogaming • Long Lake #58 • Marten Falls
Neskantaga • Nibinamik • Webequie**

Hours of Operation

OPEN 24/7 DURING THE SCHOOL CALENDAR.

Contact Information

 **DAILY (24/7)**
807-632-0639

Where We Are Located

Matabwa Safe Sobering Site is located inside the Matabwa Education and Care Centre at 200 Lillie Street North.

Help provided by Addictions Crisis Workers & Youth Residential Workers

Eligibility

Matabwa students ages 13-21, who are under the influence of alcohol or other substances.

EACH STUDENT WILL BE ASSESSED FOR ELIGIBILITY UPON ADMISSION

Harm Reduction

Matabwa Safe Sobering Site is operated using a Harm Reduction approach, with students accessing services on a voluntary basis.

Free harm reduction supplies available:

- Naloxone Kits
- Safer Smoking Kits
- Safer Snorting Kits
- Safe Steroid Use Kits
- Sharps Containers

VISION

MISSION

SAVE A LIFE



Accessing the MATAWA SAFE SOBERING SITE

Safe transportation to and from the site.

JUST NEED A SAFE RIDE?

Call Matawa On-Call Service

 (807) 629-2900 or (807) 629-4092

8:00 PM TO 6:00 AM

ACCESS HELP

Services Provided

- Supervised stabilization support that is non-judgemental and confidential
- Free Naloxone Kits, Safer Smoking Kits, Safer Snorting Kits, Safe Steroid Use Kits, and Sharps Containers
- Referrals to MECC Mental Health Workers
- Referrals to St. Joseph's Care Group Mental Health and Addiction Counsellors, in addition to Family Counsellor, Trauma Therapist, Nurse Practitioner, Psychiatrist and Psychologist
- Safe transportation to and from the site
- Laundry, showers and personal care items
- Free emergency clothing

Recognize the signs of AN OPIATE OVERDOSE

- Loss of consciousness
- Unresponsive to stimulus
- Awake, but unable to talk
- Breathing is very slow and shallow, or has stopped
- Choking sounds
- Blue or grayish skin
- Vomiting
- Body is very limp
- Face is pale or clammy
- Fingernails and lips are blue or purplish black
- Pulse is slow, erratic, or is not there at all

If you think someone is overdosing, call 911. Shout their name to attempt to wake them. If available, administer Naloxone and stay with them while you await paramedics.

Recognize the signs of ALCOHOL POISONING

- Confusion or disorientation
- Vomiting
- Hypothermia
- Inability to stay conscious
- Cold or clammy skin
- Lack of physical coordination
- Irregular pulse
- Depressed breathing
- Seizure
- Choking
- Loss of bowel of bladder control
- Blue-tinged skin especially around the lips of under the fingernails

Alcohol Poisoning is serious and can fatal. Call 911 if you believe someone is in danger! Never leave a friend behind.

You should know...

- ▶ **Naloxone Kits** and other **harm reduction supplies** are available at Matawa Safe Sobering Site.
- ▶ The Good Samaritan Law **protects people** who are using drugs in the event they must call 9-1-1 for an overdose.

SLEEP IT OFF

