

# MATAWA HEALTH CO-OPERATIVE

Dietitian Job Description

QA# CO-OP JOB 008 Dept: Matawa Health Co-op Issue Date: January 13, 2020 Revision Date: Feb 21/20 Approved By: Frances Wesley

### PURPOSE OF THE POSITION

Matawa First Nations has established the Matawa Health Co-operative (MHC). This provincially incorporated Co-operative consists of the nine Matawa member communities – Webequie, Neskantaga, Nibinamik, Eabametoong, Marten Falls, Aroland, Ginoogaming, Long Lake # 58 and Constance Lake First Nations.

With the support and guidance from the Executive Director of the Matawa Health Co-operative or their designate, the employee will provide services and care with emphasis on a holistic approach to support clients, communities, and families of the Matawa communities.

### **SCOPE**

The Matawa Health Co-operative is one of the first Indigenous Health Co-operatives in Canada. Its purpose is to provide collaborative and accountable health service to member First Nations. As a co-operative, the members set the direction and it reflects the unique nature of each First Nation. The MHC is flexible and how services are implemented must reflect the priorities, capacity and diversity of each First Nation.

The Dietitian will assist in the development/implementation of, and adherence to, the MHC clinical programing to ensure the Matawa communities receive the best nutritional information.

The person must be committed to a community development philosophy, primary care model, and inter-disciplinary health practice, establishment of partnerships with other agencies, cultural competency, and collaborative relationships with other staff.

#### **RESPONSIBILITIES**

- 1. The dietitian will deliver nutritional services to all Matawa communities and provide nutritional health education to a variety of patient populations including high risk groups suffering from chronic diseases.
- 2. The dietitian will assess, evaluate, and provide nutritional care plans for patients and communicate the plans to the Interprofessional health care team; and
- 3. Promote healthy nutrition to our patient community through seminars and visual promotions diseases and/or complex multi-system diseases.
- 4. Provide, on specific request, consultation to family physicians and other team members to assist with individual patient care
- 5. Provide nutrition counselling for patients referred
- 6. The dietitian will present on specific nutrition topics that are relevant to the MHC patients (e.g., Chronic Disease Management Educational Programs such as Diabetes, Cardiovascular Disease, and Health Promotion Educational

- 7. The dietitian will work closely with other members of the health care team to provide nutritional education as requested
- 8. Develop nutrition curriculum, educational and reference materials and seminars.
- 9. Performs other related duties as requested;

#### **QUALIFICATIONS AND REQUIREMENTS**

The applicant must have proficient knowledge in the following areas:

- 1. Registered with the College of Dietitians of Ontario;
- 2. Bachelor's degree in Food and Nutrition and successful completion of an internship program or Masters
- 3. Two (2) years experience in a clinical dietitian role, family practice or primary health care setting preferred; but open to a new graduate;
- 4. Must be "fully vaccinated" against COVID-19. (In Ontario, a "fully vaccinated individual" is defined as one who has received the required number of doses as outlined by Health Canada and they have received their final dose of the COVID-19 vaccine at least 14 days ago.) Must provide Health Canada's proof of vaccination (vaccine receipt or enhanced vaccine certificate);
- 5. Ability to display and support Matawa Health Co-operative's vision, mission, and goals in providing respectful and effective health care
- 6. Ability to satisfactorily pass a Tuberculin (TB) Skin Test and Criminal Records Check (including Vulnerable sector)
- 7. Must be able to travel to the Matawa First Nation Communities when required
- 8. A valid driver's license
- 9. Access to a vehicle and insurance to travel to highway accessible sites
- 10. Ability to speak Oji-Cree or Cree an asset

#### <u>Skills</u>

The applicant must demonstrate the following skills:

- Compliance with the dietetic practice standards used by the College of Dietitians of Ontario;
- Exceptional oral, written and presentation skills
- The ability to maintain patient confidentiality
- Demonstrated interpersonal and leadership/management skills
- Must be able to perform work duties with minimal supervision
- Ability to operate with the highest level of confidentiality and discretion;
- Strong conflict resolution skills;
- Strong interpersonal skills;

- Group facilitation skills;
- Ability to work effectively with all members of the health care team;
- Ability to prioritize, manage time effectively and be flexible in a very active work environment;
- Adult teaching experience is an asset.
- Strong background in clinical nutrition;
- Autonomous and able to function with minimal supervision;

## WORKING CONDITIONS

### **Physical Demands**

The Employee may have to travel to the communities in all weather conditions. They may have to lift, carry and manage equipment and supplies. They may have to work odd or long hours at a time to complete special requests or projects. The Employee may have to spend long hours sitting and using office equipment, computers and attending meetings.

### **Environmental Conditions**

The Matawa Building may be a busy facility. The employee may have to manage a number of projects at one time, and may be interrupted frequently. The employee may find the environment to be busy, noisy and will need excellent organizational and time and stress management skills to complete the required tasks.

### **Sensory Demands**

Sensory demands can include reading and use of the computer, which may cause eyestrain and occasional headaches.

### <u>Mental Demands</u>

The employee will have to manage a number of requests and projects at one time. They must be aware of Tribal Council business in the communities and any and all relevant legislation, policies and procedures. They may have to complete a number of tasks and responsibilities at one time, and must be prepared to deal with emergencies and stressful situations at any time.

# **CERTIFICATION**

Employee Signature	Supervisor's Title
Printed Name Date I certify that I have read and understand the responsibilities assigned to this position.	Supervisor's Signature Date I certify that this job description is an accurate description of the responsibilities assigned to the position.
Executive Director's Signature Date I approve the delegation of responsibilities outlined herein within the context of the attached organizational structure.	

The above statements are intended to describe the general nature and level of work being performed by the incumbent(s) of this job. They are not intended to be an exhaustive list of all responsibilities and activities required of the position.