



**MATAWA HEALTH
CO-OPERATIVE**

Recreation Youth Worker

Job Description

PURPOSE OF THE POSITION

Matawa First Nations established the Matawa Health Co-operative (MHC). This provincially incorporated Co-operative consists of the nine Matawa member communities – Webequie, Neskantaga, Nibinamik, Eabametoong, Marten Falls, Aroland, Ginoogaming, Long Lake #58 and Constance Lake First Nations.

The Recreation Youth Worker will work closely with the MHC Executive Director and the MHC staff. He/she will report to the Director of Nursing and Clinical Services of the Matawa Health Co-operative.

SCOPE

Under the supervision of the Director of Clinical and Nursing Services and/or designate, the Recreation Youth Worker will provide recreational supports and wellness support specifically to First Nation children, youth and young adults from the communities served by Matawa. This role will offer health preventative service delivery and programming from a holistic perspective; seeking to address all areas of wellness including physical, mental, emotional, and spiritual.

RESPONSIBILITIES

- Plan, coordinate, and deliver/facilitate culturally relevant recreational programming for Matawa children, youth, and young adults. Flexibility with delivery and facilitation of programming is required as this may be done: in person, hands-on/land-based, or online via webinars;
- To reach out and work with Matawa community schools and community staff in programing and developing recreational activities to Matawa children, youth, and young adults;
- Maintain competency through ongoing programming, and act as a resource person to Matawa members and to assist with planning community based physical activity programs based on community needs and interests;
- Resource development: supporting Matawa members with culturally appropriate recreational resources and materials;
- Liaise with and respond to all community requests and inquiries with respect to recreation programming; Work collaboratively with MHC's team and community contact;
- Maintain accurate and confidential client records electronically and in a timely manner;
- Follow duty to report requirements as necessary;
- Work as part of a multi-disciplinary team (includes but is not limited to MHC Staff, Chief & Council, Matawa Health Directors, Crisis Teams and Workers, Choose Life Workers, Elders and Traditional Knowledge Keepers);
- Connect members to culturally relevant supports as requested/needed;
- Participate in regular supervision meetings to review all cases/issues, receive education and direction, and for debriefing;
- All other duties as deemed necessary by your Lead/Supervisor;

KNOWLEDGE, SKILLS, AND ABILITIES

Knowledge

The incumbent must have proficient knowledge in the following areas:

- Knowledge of community recreation programming principles and practices;
- Strong appreciation of and empathy with the needs of children;
- Current Standard First Aid and CPR level C certification;
- Strong organizational skills;
- Ability to work in a group setting;
- Knowledge of assessment tools and harm-reduction practices;
- Familiar with privacy, confidentiality, and duty to report;
- Knowledge of community support services, both in Thunder Bay and in the Matawa communities.
- Cultural Competency;
- Knowledge of First Nations culture, history, community-based services, geographic realities, and social conditions within remote First Nations communities.

Skills

The incumbent must demonstrate the following skills:

- Self-starter who is able to effectively work independently and/or as part of a team;
- Highly adaptable and able to work in a fast-paced environment, while demonstrating appropriate discretion, judgement and problem-solving skills;
- Strong interpersonal and communications skills (written and oral) and an ability to establish and maintain rapport effectively with clients and partners;
- Highly organized, capable to multi-task and manage time effectively;
- Ability to think critically and without prejudice;
- Advocacy skills.

Qualifications

- One-year post-secondary in recreation related discipline
- Diploma related to the area of Social Work will be considered (e.g., Indigenous Services, Native Child & Family Services, Social Service Worker);
- At least 2 years' experience working with Indigenous children, adolescents and/or families in a social services field;
- Valid Class G Driver's License and must be willing to provide a police criminal background check;
- Must be "fully vaccinated" against COVID-19. (In Ontario, a "fully vaccinated individual" is defined as one who has received the required number of doses as outlined by Health Canada and they have received their final dose of the COVID-19 vaccine at least 14 days ago.) Must provide Health Canada's proof of vaccination (vaccine receipt or enhanced vaccine certificate);
- Previous experience working with First Nations communities is an asset;
- Fluency in Cree, Oji-Cree, or Ojibway is an asset;

- Support system and self-care strategies in place to maintain own well-being

WORKING CONDITIONS

Physical Demands

The employee will have to travel to our First Nations communities. They may have to lift, carry and manage equipment and supplies. They may have to work odd or long hours at a time to complete special requests or projects. The employee may have to spend long hours sitting and using office equipment, computers and attending meetings.

Environmental Conditions

The Matawa Building may be a busy facility. The employee may have to manage a number of projects at one time and may be interrupted frequently. The employee may find the environment to be busy, noisy and will need excellent organizational and time and stress management skills to complete the required tasks.

Sensory Demands

Sensory demands can include reading and use of the computer, which may cause eyestrain and occasional headaches.

Mental Demands

The employee will have to manage a number of requests and projects at one time. They must be aware of Tribal Council business in the communities and any and all relevant legislation, policies and procedures. They may have to complete a number of tasks and responsibilities at one time and must be prepared to deal with emergencies and stressful situations at any time.

CERTIFICATION

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| <hr/> <p>Employee Signature</p> | <hr/> <p>Supervisor's Title</p> |
| <hr/> <p>Printed Name Date</p> | <hr/> <p>Supervisor's Signature Date</p> |
| <p>I certify that I have read and understand the responsibilities assigned to this position.</p> | <p>I certify that this job description is an accurate description of the responsibilities assigned to the position.</p> |
| <hr/> | |
| <p>Executive Director's Signature Date</p> | |
| <p>I approve the delegation of responsibilities outlined herein within the context of the attached organizational structure.</p> | |

The above statements are intended to describe the general nature and level of work being performed by the incumbent(s) of this job. They are not intended to be an exhaustive list of all responsibilities and activities required of the position.