



EMPLOYMENT OPPORTUNITY

Position: Mental Health Promotions Resource Worker (Youth)

Background:

Incorporated in 2017, the Matawa Health Cooperative (MHC) is a Matawa First Nation owned and controlled health co-operative that provides health care services to enhance existing health services to achieve long-term health and well-being for all members within the nine (9) Matawa First Nations. It is overseen by a Board of Directors and is a member of the Health Care Co-operatives Federation of Canada. The MHC is community-driven with available services being tailored to individual community's needs. It is the first of its kind in Canada.

The MHC works to incorporate traditional healing and medicines in addressing the wholistic health needs of the Matawa First Nations focusing on the priorities of mental health and addictions, diabetes and chronic diseases.

MHC is accepting applications for **Mental Health Promotions Resource Worker (Youth)**.

Position Summary:

The MHC Mental Health Promotions Resource Worker will provide mental health and wellness support specifically to First Nation children and youth from the communities served by Matawa. This role will be responsible for the development, planning, and delivery of mental health and wellness-based programming and events as well as the development, distribution, and promotion of mental health and wellness-based resources and materials to Matawa members. All of this must be done so from a holistic perspective; seeking to address all areas of wellness including: physical, mental, emotional, and spiritual. Planning and development must also take into strong consideration our Indigenous culture and values.

Specific Duties Include:

- Develop, plan, and deliver mental health & wellness-based programming and/or events to Matawa children and youth who are in Thunder Bay as well as the Matawa First Nation remote communities. Flexibility with delivery and facilitation of programming is required as this may be done in person, hands-on/land-based, or online/virtually;
- Develop, distribute, and promote mental health and wellness-based resources and materials that are focused on delivering education and awareness to our Matawa children, youth, families, and caregivers on a variety of topics which may include but are not limited to: trauma, grief and loss, depression/anxiety, suicide prevention, harm-reduction, and substance misuse and addictions;
- Seek input and feedback from our Matawa communities, their leadership and front-line staff as well as their trusted Elders and Traditional Knowledge Keepers to ensure that we are offering programming, resources, and information that is responsive to the unique needs and requests of each community;

- Delivery of mental health and wellness-based presentations & workshops;
- Build and establish collaborative working relationships with Elders and Traditional Knowledge to ensure that we are incorporating their presence and input into programming content and materials;
- Work to establish an on-line presence on social media platforms that represents our Mental Health Team as well as our services;
- Maintain competency throughout ongoing mental health and wellness activities and/or programming, and act as a resource person to Matawa children and youth;
- Work as part of a multi-disciplinary team/ work collaboratively with MHC's Mental Health Team, Youth Staff as well as MHC's Health Promotions Educator;
- May require travel to Matawa First Nation communities, often by small aircraft;
- All other duties as deemed necessary by your immediate Lead/Supervisor.

Preferred Qualifications, Experience, Knowledge and Abilities:

The Mental Health Promotions Resource Worker must possess a diploma related to the field of Social Work (e.g., Indigenous Services, Native Child & Family Services, Social Service Worker). Applicants must be able and willing to travel to the Matawa communities as required, and must have a valid G Class Driver's License (Ontario). Applicants must be willing to provide a police criminal background check and a vulnerable sector check.

Candidate should have excellent leadership skills, be creative, outgoing and possess the ability to speak and deliver presentations publicly. Finally, the ideal candidate must also have the ability to display and support Matawa Health Co-operative's vision, mission, and goals in providing respectful and effective health care/mental health services.

The incumbent should also have proficient knowledge in the following areas:

- Diploma related to the area of Social Work (e.g., Indigenous Services, Native Child & Family Services, Child & Youth Care, Social Service Worker);
- Experience with planning and facilitating programming considered an asset;
- Minimum of 2 years' experience working with Indigenous children, adolescents and/or families in a social services field;
- Previous experience working with First Nations communities is an asset;
- Fluency in Cree, Oji-Cree, or Ojibway is an asset.

Location: Thunder Bay, Ontario (with travel to Matawa road-access and remote communities)

Salary: Commensurate with experience

Term: Full-Time Position, Dependent on Annual Funding

How to Apply:

Please send your cover letter, resume and three references to:

Matawa Health Co-operative
RE: MH Promotions Resource Worker (Youth)
233 Court Street South
Thunder Bay, ON P7B 2X9
Fax: (807) 346-2371
Email: careers@matawa.on.ca

Deadline: Open Until Filled

For additional information, the job description can be found on our Matawa website:
www.matawa.on.ca

We thank all applicants for their interest in working with the Matawa Health Co-operative, however only those selected for an interview will be contacted.

Matawa First Nations Management has adopted a COVID-19 Vaccination Policy by which all staff, who are eligible, must be fully vaccinated. If you have any questions or concerns regarding this, please contact us.



- CIRCLE OF BELONGING -

