

COVID-19 BULLETIN

MATAWA FIRST NATIONS

የጥንቃቄ-19 ዲጋጋግሽዳጊ/ኮሚዩኒቲ ልርባጊዳጊ:

ገጠናዊ ልገገግጊዳጊ	ግደ ልሳሳ ልጊ	ኮሊ ልሳሳ ግደ ልጊ	ዲጋጋ ግደ ግዳጊ	ገጠናዊ ልሳሳ ልጊ	ርገራ ኮፐጊጊ	ርገራ ኮፐጊጊ
ኮ	34	415	-	113	11	2
ጠገገግጊ ኮጊ	21	457	-	114	3	-
ግገገጊ	7	344	-	230	8	-
ኮሊ ልሳሳ ገጠናዊ ልጊ ጠገገግጊ ግገጊ	62	1,216	-	457	22	2

የጊ ኮፐጊጊ - 12:00 PM ገጠናዊ ግጊ 9, 2020

NOTES: In terms of positive cases from our last bulletin on Apr 6, 20: the Porcupine Health Unit is up 4, the Thunder Bay Health Unit is up 8 and the Northwestern Health Unit stayed the same. In the 3 days between our bulletins, the totals for health units in Matawa went from 50 - 60 positive cases and from 1 to 2 deaths.

ግገገጊ: ዲጋጋ ግገጊ ኮጊ ኮፐጊጊ ጠገገግጊ ኮጊ ጠገገግጊ ግገጊ ግጊ 6, 20: ኮሊ ኮ ገጠናዊ ልገገግጊ ዲጋጋ ግገጊ 4, ኮሊ ጠገገግጊ ኮጊ ገጠናዊ ልገገግጊ ግገጊ 8 ግገጊ ግገጊ ገጠናዊ ልገገግጊ ግገጊ ገጠናዊ ግገጊ (3) ኮፐጊጊ ልርባጊዳጊ, ዲጋጋ ግገጊ ገጠናዊ ልገገግጊ ጠገገግጊ ግገጊ 50-60 ግገጊ ኮፐጊጊ ጠገገግጊ ኮጊ ግገጊ 1 ግጊ ግገጊ

**Don't make a splash
Put it in the trash**

What is and is not safe to flush



Remember

"Flushable" doesn't mean OK to flush

Many "flushable" products **do not degrade**

Flushing these items can lead to sewer blockage and pump failure



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- CσΛ∇bε CΓⓂι ΔCε PσΛε ΔPραLε qdε Γρ∇
- bΔσε ΔCρCε PσΛε Cε-qε/εεP Cε-qεε - bΔσε σΛΔCε PσΛε Cε-qεε (PσΛε bΔσε CΓⓂιρε)
- Cι Γρbε ΓρbεΔ ΔCρCε εε Pρσq∇bεε
- ε"Δ Pρσq∇bεε ΔCρCε ΔεΓ Cι bσCρσbUPε qdεε (DσσbUε, ΔρdερqΔε, ΔσCεC∇JⓂεε, LραUPρqΔ ΔCρCεε, PΔεεε, ΓⓂbεεε)x
- bΔσε ΔCρCεε ρρρ"Δεεε εL bΓρbUPεε qdεε

Masks

- Masks are designed to prevent droplets produced from speaking, sneezing or coughing that contaminate our hands or nearby surfaces
- Masks will also be effective to prevent inhalation of airborne droplets of a COVID infected individual who is in close proximity to yourself
- Masks come in three levels of protection: general, surgical or N95 – they also come in multiple sizes and styles
- Ensure appropriate mask is used for level of protection needed
- Ensure the mask is tight on your face, shorten ear loops and pinch nose piece to ensure it is as tight fitting as possible – masks are not comfortable
- Once mask is in place, do not touch the mask or your face until ready to remove
- Do not re-use masks between patients
- Do not use masks that are wet or damaged, replace if mask becomes too moist from one's own breath, generally only last a few hours
- When removing a mask: do so with clean hands, do not touch face, only touch the mask and dispose in garbage

ΔδεJΛρΔε

- ΔδεJΛρΔεε ΔσρbUεε ρρΛρσbUεε bεσρεε σΛΔεJεε εε bεεε, bεεεε εL ΔρρCεε ∇ε ρεερρεεε ΔερΔε Cε Δε Pσρεε εL ΔεΓ Dρρρ"Δ
- ΔδεJΛρΔεε CΓⓂι Δε qdε ρΔεεεCεε qdε ΛΓεεε ΓⓂbεε PσΛε ΔΔε ρρΔερΔεε bεdεbεε PσΛε Vσσdρε
- ΔδεJΛρΔεε σεCε bεσρbUPεε bεCεLqΔPεε: Lεε bΔσεdPεε, ΓσρρΔ ΔδεJΛρΔεε - ΓσεCε bΔσεdPεε ∇ε Vεε Δεεεε
- εεε εεbερCε ΔδεΓΛρΔεε U∇ ρεCεLdεε PσΛε ΔεΓqΔεεεε bσεεCεεCεεCεε
- εεε εεbερCε ΔδεJΛρΔεε Lεε ρUΛεεεε, ρεεεεε ρCεεεε εε ρdεεε Cε Γ"ΔL Lεε ρεερρεεεCεε ∇UΛεεεε - bΔσεε ρεεεεεεε bΛρρbUεε ΔδεJΛρΔεε
- Δεεεε ΛρLεε ΔδεJΛρΔεε, bΔσεε Cρεεεε ΔδεJΛρΔεε εL PΔεεεε εεσL ∇C Δρρρdεεεε
- bΔσεε Γεεεε ΔCρCεε ΔδεJΛρΔεε Δεεεεεεε
- bΔσεε ΔCρCεεε ΔδεJΛρΔεεε bεσΛεεε εL bεεεεεε, dCε PσΛεε Λρεεεεε PσΛεε ΔεεσΛεεεε ρCρεεεεεεε, bΔσεεεεεεε ρρεεεεεε Vσεεε
- ρρρεεεεε ΔδεJΛρΔεεε: ΛεL ρρσρεεεεεεε ρεεεεεεεεε, bΔσεεεεεεεε PΔεεεεεε, εε"Δ ΛεεCεεεεεε ΔδεJΛρΔεεεε ∇εεεεεεεεεεεεεεεεεε

Gloves

- Gloves are used to protect the wearer from coming in contact with disease or chemicals
- Our skin is the best barrier against infection and frequent thorough handwashing is the best defense
- If gloves are used: wash hands prior to use, select appropriate size glove, wear gloves only for one patient at a time and they must be changed between patients

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- Gloves used for cleaning must be changed after cleaning one specific area
- Remove gloves if they become torn or damaged and wash hands immediately
- Remove gloves by not touching the outside as much as possible, and dispose in appropriate contained garbage.
- Wash hands immediately after removing gloves
- Use double gloves with any strenuous activity (e.g. carrying a patient or handling a dead body) or tasks in which contact with blood and body fluids are anticipated
- Use heavy duty/rubber gloves for environmental cleaning and waste management

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- ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ
- ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ
- ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ
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- ᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ

Gowns/Boot Covers/Hats

- Gowns are used to protect the wearers clothing/shoes/hair from coming into contact with contaminated surfaces or airborne droplets
- Ensure gown is properly worn and have assistance with ties/wraps
- Wash hands prior to wearing and after removing
- Dispose in a contained garbage

Lᓄᓚᓗ ᑦᑦᑦᑦᑦᑦ/ᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦ/ᑦᑦᑦᑦᑦᑦ

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It is recommended to remove and launder all worn clothing after contact with a known infected individual as gowns are still permeable

**ᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ ᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦᑦ