



**MATAWA HEALTH
CO-OP**

***New* Toll Free Line
for Telephone
Nursing Services**



1-833-625-3611

The Matawa Health Co-operative is providing COVID-19 assistance through telephone support:

Health Information
Community Support and Guidance
Questions about Covid-19
Medication Refills
Urgent care matters - need to talk to a
Doctor?

MONDAY - FRIDAY
8:30 AM - 4:30 AM

The Matawa Health Co-operative is providing COVID-19 Mental Wellness assistance through telephone support:

MENTAL WELLNESS PHONE COUNSELLING

Mondays – Tuesday - 8:30 am - 4:30 pm
Wednesdays 8:30 am -12:00 pm
(807) 630-2526

Tuesday and Thursday Evenings
6:00 pm – 9:00 pm
(807) 631-0831

Thursdays and Fridays - 8:30 am – 4:30 pm
Wednesdays - 1:00 pm – 4:30 pm
(807) 632-5058

Toll free number coming soon. Until then, you can call collect or get a call back when you phone.

Mental Wellness Assistance



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