

COVID-19 BULLETIN

MATAWA FIRST NATIONS

Issue 19 - August 21, 2020 - Global Pandemic Day #164

MATAWA EXTENDS OFFICE CLOSURES

Please note, the Matawa FN Management Board of Directors have extended all Matawa office closures to August 28, 2020 (from July 31 previously). This may be extended if necessary. Our staff continue to work remotely, with the exception of essential staff. Our phone lines, including the Matawa Health Co-op Nursing Line (1-833-625-3611) are still open.

COVID-19 SPREAD IN MATAWA FIRST NATIONS

There are currently no new/active cases within Matawa.

MATAWA RADIO SHOW SCHEDULE

All shows take place from 4:00 - 4:30 pm EST. Guests have been scheduled as follows:

- August 25: Audrea Sturgeon & Wayne Slipperjack, Rapid Lynx Telecommunications
- September 8: Brad Battiston, Principal and Jackie Corbett (Vice-Principal) Matawa Education and Care Centre

Tune in to hear their latest updates at: www.wawataynews.ca OR 89.9 FM in Sioux Lookout OR 106.7 FM in Timmins OR Bell TV Channel 962

OFF-RESERVE FOOD HAMPER DRIVE

Matawa will be hosting a third food hamper drive on August 26, 2020 from 1:00 - 4:00 pm at the Matawa Education & Care Centre. Registration is required by August 25, 2020 by 1:00 pm. This is for Matawa members living in Thunder Bay. Call the Matawa Health Co-operative Nursing line at 1-833-625-3611 anytime from 8:30 am - 4:30 pm on weekdays.

TELE-MENTAL HEALTH INITIATIVE

- On August 10, the Mental Health and Addictions Pandemic Response Program went live at 1-844-NAN-HOPE (1-844-626-4673) and www.nanhope.ca
- This program is available to all NAN First Nations community members, whether they are living on or off reserve
- NAN HOPE can be accessed through phone, text, or live chat
- The program offers 24/7 toll-free rapid access to confidential crisis services; Rapid access to clinical and mental health counselling; Navigators who provide connection to existing mental health and addictions support services in home communities and the region

Phone, Text, Chat

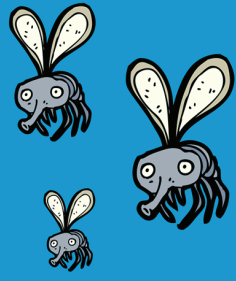
 1-844-NAN-HOPE (626-4673)

 www.nanhope.ca




To date there has been no information nor evidence to suggest that the new coronavirus could be transmitted by mosquitoes. The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose.

FACT:
The new coronavirus **CANNOT** be transmitted through mosquito bites



To protect yourself, clean your hands frequently with an alcohol-based hand rub or wash them with soap and water. Keep at least a 1-metre distance from others and wear a mask if you cannot.

 World Health Organization #Coronavirus #COVID19 20 August 2020

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COVID-19 TESTING/SITUATION UPDATE

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Health Unit	Positive	Resolved	Deaths
Porcupine	72	72	8
Thunder Bay	102	101	1
Northwestern	44	44	-
TOTALS FOR HEALTH UNITS IN MATAWA	218	217	9

DATE EXTRACTED - August 21, 2020 - meegwetch to the Matawa Health Co-operative for the compilation of statistics. Please note that the table has been adjusted to account for changes on health unit websites.

NOTES: In terms of positive cases from our last bulletin August 7, 2020: the Porcupine Health Unit stayed the same, the Thunder Bay Health Unit is up 3 positive cases, and Northwestern Health Unit has stayed the same. Overall positive cases went up 3. The death toll stayed the same.

If you are attending a small gathering or event, protect yourself and others from getting infected with COVID-19

ALWAYS COMPLY WITH THE FOLLOWING 3 BASIC MEASURES...



MAINTAIN AT LEAST 1 METRE DISTANCE FROM OTHERS



COVER A SNEEZE OR COUGH WITH A TISSUE OR BENT ELBOW, AND IMMEDIATELY DISPOSE OF TISSUE IN A CLOSED-LID BIN. AVOID TOUCHING EYES, NOSE AND MOUTH.



CLEAN YOUR HANDS FREQUENTLY



World Health Organization