COVID-19 BULLETIN

MATAWA FIRST NATIONS

Issue 18 - August 7, 2020 - Global Pandemic Day #150

ᐅᔑᐱᑦᐃᑲᓐ 18 - ᐅᒪᐸᑦᐊᒧᐃ ᑭᓯᔅ 7, 2020 - ᒥᓯᐧᐁ ᐊᑭᓐᑦ ᑭᒋ ᐅᑕᑭᑯᒧᐃᓐ ᑭᔑᑲ #150

The status of the spread of the novel coronavirus (COVID-19) is changing daily. Matawa is working to ensure that our First Nations and community members have the necessary information to safely and effectively deal with the situation. Bulletins will be issued on an ongoing basis. The following is accurate as of this date. Please also check our website (indicated below) and our Facebook page for other important information. Every person has a duty to remain up to date and informed, and comply with, the details of this evolving situation.

ᓄᑯᒻ ᑲᐃᔑᑭᑫᒋᑲᒐᒃ ᔭᐦᐃ ᐅᐦᐅᐁ ᑲᑕᑯᔑ ᓄᒪᑲᒃ ᑭᒋ ᐅᑕᑭᑯᒧᐃᓐ (ᑭᒋ ᐅᑕᑭᑯᒧᐃᓐ - 19) ᐁᐊᓐᒋᔭᒃ ᑕᓯᑭᔑᒃᐧ ᒪᑕᐧᐊ ᐁᐊᓄᑭᔪᓐᒃ ᑲᑭᓇ ᑕᔑᑫᐃᓇᓐ ᑲᐊᓄᑭᑕᐧᐊᔪᓐᒃ ᐁᑯ ᑲᑭᓇ ᑕᔑᐃᓂᒃ ᑲᑕᐧᐊᒡ ᑲᑭᓇ ᑫᑯᓐ ᑭᑫᓐᑕᒧᐃᓇᓐ ᑫᐅᓐᒋ ᐊᓐᑲᒥᓯᐧᐊᒡ ᐁᑯ ᑲᔭᒃ ᒋᑭᑫᓐᑕᒧᐧᐊᒡ ᐊᓂᒃ ᑫᑐᑕᒧᐧᐊᒃ ᑫᓂᓯᔭᒃ ᐅᐦᐅᐁ ᑲᐃᓯᔭᔪᓐᒃᐧ ᐃᓐᑕᒪᑫᐃᓇᓐ ᑲᐸᑭᑎᓇᒥᓐ ᐊᓂᑭᑫᓐᑕᒥᓐᒃ ᑫᐊᓂᓯᔭᒃ ᐅᐦᐅᐁ ᐃᓯᔭᐃᓐᐧ ᐅᐦᐅᓐᓂᓐᐊᓐ ᓄᑯᒻ ᑲᔭᒃ ᐃᓐᑕᒪᑫᐃᓇᓐ ᑲᑭᑫᓐᑕᒥᓐᒃ ᓄᑯᒻ ᑲᑭᔑᑲᒃᐧ ᔭᐦᐃᓐᒃ ᐃᓇᐱᑲᓐ ᐱᐧᐊᐱᑯᓐ (ᑕᐸᔑᒦ ᑲᐅᔑᐱᐦᐃᑲᒐᒃ) ᐁᑯ ᑕᑯ ᒥᑲᓐᒪᔑᓇᐦᐃᑲᓐ ᑲᑯᓇ ᑯᑕᑭᔭᓐ ᑫᑯᓇᓐ ᐃᑭᑫᓐᑕᒪᓐᐧ ᑲᑭᓇ ᐊᐃᔭᒃ ᓇᓐᑕᐧᐁᓐᑕᑯᓐ ᑲᔭᒃ ᐃᓐᑕᒪᑫᐃᓇᓐ ᓄᑯᒻ ᐁᑯ ᒋᑭᑫᓐᑕᒧᐧᐊᒡ, ᐁᑯ ᒋᐱᓯᓐᑕᒧᐧᐊᒡ ᐅᐦᐅᐁ, ᑲᑭᒋᐃᔑᐁᐸᒃ ᓄᑯᒻ ᑲᑭᓂᓐᑕᒥᓐᒃ ᐃᓯᔭᐃᓐᐧ

MATAWA EXTENDS OFFICE CLOSURES

Please note, the Matawa FN Management Board of Directors have extended all Matawa office closures to August 28, 2020 (from July 31 previously). This may be extended if necessary. Our staff continue to work remotely, with the exception of essential staff. Our phone lines, including the Matawa Health Co-op Nursing Line (1-833-625-3611) are still open.

ᒪᑕᐧᐊ ᐅᔑᐱᐦᐃᑫᐃᑲᒥᑯᒃ ᑲᑭᐸᑯᓯᓐᒃ

ᐅᐦᐅᐁ ᐃᓐᑕᒪᑫᐃᓐ ᐱᓯᑕᓐ, ᒪᑕᐧᐊ ᐊᓂᔑᓇᐯᐃ ᑕᔑᑫᐃᓇᓐ ᐅᑭᒪᐃᓐ ᑲᐊᐱᑕᒪᑫᐧᐊᒡ ᐅᑭᓇᑭᓇᓇᐧᐊ ᑲᑭᓇ ᒪᑕᐧᐊ ᓴᑲᑭᐱᐦᐃᑫᐃᑲᒥᑯᓐ ᑕᐧᐊᐧ ᑕᑭᐸᑯᓯᓄᓐ ᐊᑯᓇᒃ ᐅᒪᐸᑦᐊᒧᐃ ᑭᓯᔅ 28, 2020 (ᑫᓂᒪᒋᔭᒃ ᐊᑎᐱᒥᓂ ᑭᓯᔅ 31 ᒥᓇᐧᐊ ᑲᑭᐃᓐᒋᑲᐱᑯᐸᓐ)ᐧ ᑭᔭᐸᒡ ᑭᐧᐱᓐ ᑕᓇᑭᓂᐱ ᑭᐸᐧᑫᐃᑫᐃᓐ ᑭᐧᐱᓐ ᓇᓐᑕᐧᐁᓐᑕᑯᒃᐧ ᑲᑭᓇ ᐊᓄᑭᓇᑲᓇᒃ ᑭᔭᐸᒡ ᑲᔑᑕᐧᐊᒡ ᐱᔑᐊᓄᑭᐧᐊᒃ, ᐁᑯ ᔭᐦᐊᒃ ᒪᐧᐊᒡ ᑲᑭᒋᓂᑕᑯᔭᐧᐊᒡ ᐊᓄᑭᓇᑲᓇᒃ ᐅᔑᐱᐦᐃᑫᐃᑲᒥᑯᒃ ᐃᔑᐊᓄᑭᐧᐊᒃᐧ ᑭᔭᐸᒡ ᑭᑐᐃᓇᓐ ᐸᑭᓯᓄᓐ ᑭᐧᐱᓐ ᐊᐃᔭ ᐃᑲᓄᓇᒡ, ᑕᑯ ᒪᑕᐧᐊ ᒥᓄᔭᐃᓐ ᐃᑕᓄᑭᒥᑐᐃ ᒪᐧᑭᑭᐧᑫ ᑭᑐᐃᓐ (1-833-625-3611) ᑭᔭᐸᒡ ᑕᐧᐊᑯᓯᓐᐧ

COVID-19 SPREAD IN MATAWA FIRST NATIONS

The three (3) positive cases that were confirmed in Eabametoong First Nation on June 15, 2020 have now been cleared. There are currently no new/active cases within Matawa.

ᑭᒋ ᐅᑕᑭᑯᒧᐃᓐ-19 ᑲᐱᒥᔭᒪᑲᒃ ᔭᐦᐃᓐᒃ ᒪᑕᐧᐊ ᐊᓂᔑᓇᐯᐃ ᑕᔑᑫᐃᓂᒃ

ᓂᓯᓐ (3) ᑭᒥᑭᑲᒐᐧᐊᓐ ᐊᐃᔭᒃ ᐊᑯᓯᐃᓂᓂ ᑲᐱᒥᐃᑐᐧᐊᒡ ᔭᐦᐃᓐᒃ ᐃᐊᐸᒪᑐᓐᒃ ᑕᔑᑫᐃᓂᒃ ᒣᑲᒡ ᓴᑭᐸᑲ ᑭᓯᔅ 15, 2020 ᓵᑯᒻ ᐊᓵᔅ ᑭᒥᓄᔭᐧᐊᒃᐧ ᒣᑲᒡ ᑲᐃᓂᓐ ᑫᑯᓐ ᑯᑕᑭᔭᓐ ᐅᓐᑭ/ᒥᑭᑫᐃᓐ ᐊᑯᓯᐃᓇᓐ ᒋᐊᔭᑭᓐ ᐅᐦᐅᒪ ᒥᓯᐧᐁ ᒪᑕᐧᐊᐧ

MATAWA RADIO SHOW SCHEDULE

All shows take place from 4:00 - 4:30 pm EST. Guests have been scheduled as follows:

- August 11: Ken Galloway (KKETS) and Lillian Stoney (KKETS graduate student)
- August 25: Audrea Sturgeon & Wayne Slipperjack, Rapid Lynx Telecommunications
- September 8: Brad Battiston, Principal and Jackie Corbett (Vice-Principal) Matawa Education and Care Centre

Tune in to hear their latest updates at: www.wawa- taynews.ca OR 89.9 FM in Sioux Lookout OR 106.7 FM in Timmins OR Bell TV Channel 962.

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MATAWA FIRST NATIONS

ᒪᑕᐧᐊ ᐱᓯᑕᒧᐧᐃᓐ ᓇᑐᑕᒧᐧᐃᓐ ᑭᐱᒥᓂᖓᑦᐃᑲᒐᒃ

ᑲᑭᓇ ᑲᐊᐱᐧᐊᒡ ᐱᓯᑕᒧᐧᐃᓂᒃ ᑎᐸᑦᐃᑲᓐ ᒐᕐᑐᒋᑲᒐ 4:00 – 4:30ₓ ᑲᐃᐊᐱᐧᐊᒡ ᓂᐱᒐᐱᑦᐃᑲᓯᐧᐊᒃ ᐅᑦᐅᒪ ᑭᓂᐱᒥᓂᖓᑦᐃᑲᒐᒃ:

- ᐅᒡᐸᑦᐊᒧᐃ ᑭᓯᒡ 11: ᒐᑭᓕᓐ ᑲᒃᓇᓐ (KKETS) ᐁᑯ ᓕᓕᔭᓐ ᐊᓯᓐ (ᑲᑭᑭᕐᑐᐧᐊᒡ ᑭᑯᓄᑦᐅᒪᑭᐃᓐ ᑲᑭᐱᑎᑭᐧᐊᒡ)
- ᐅᒡᐸᑦᐊᒧᐃ ᑭᓯᒡ 25: ᐅᑎᓇᔭ ᓇᒣ ᐁᑯ ᐧᐊᔾᓐ ᓯᓕᐳᕐᒐᒃ, ᑲᑭᕐᑯᒐᒃ ᒥᕐᕐᐯᕐᕐᑦ ᑲᐅᓐᒋᑲᑲᓄᓂᑎᒃ ᐊᔭᒥᑦᐃᑎᐧᐃᓐ
- ᐧᐊᒐᐸᑲᐃ ᑭᓯᒡ 8: ᐱᕋᑦ ᐸᑎᓴᓐ, ᑭᑯᓄᑦᐅᒪᑭᐃ ᐅᑭᒪ ᐁᑯ ᒐᑭ ᑯᕐᐯᑦ (ᑯᑕᒃ-ᑭᑯᓄᑦᐅᒪᑭᐃ ᐅᑭᒪ) ᒪᑕᐧᐊ ᑭᑯᓄᑦᐅᒪᑭᐃᓐ ᐁᑯ ᑲᓇᐧᐁᓐᒋᑭᐃᑲᒥᒃ

ᓇᑐᑕᒧᑲᓐ ᒋᓄᑕᒪᓐ ᐊᓂᓐ ᓄᑯᒡ ᑐᑕᒧᐧᐃᓇᓐ ᐅᑦᐅᒪ: www.wawataynews.ca OR 89.9 FM in Sioux Lookout OR 106.7 FM in Timmins OR Bell TV Channel 962

TREATY ANNUITY PAYMENTS POSTPONED

Due to the coronavirus outbreak, Indigenous Services Canada (ISC) is postponing all treaty annuity payment events until further notice. To receive a treaty payment, a treaty annuity payment request form must be completed and mailed to your ISC regional office. Treaty payments will be mailed to you in the form of a cheque. Treaty annuity payment request forms can be obtained here: https://www.sac-isc.gc.ca/eng/1100100032294/1581869772685

ᑭᒋ ᐊᓇᑕᒪᑭᐃᓇᓐ ᑕᓯ ᐱᐳᓐ ᑎᐸᑦᐊᒪᑭᐃᓐ ᐱᓇᒪ ᑭᑭᐱᑎᓂᑲᒐ

ᐅᔾᒡ ᒣᑲᓐ ᑭᒋ ᐅᑕᑭᑯᒧᐧᐃᓐ ᑲᐱᒥᔾᒪᑲᒃ, ᐊᓂᕐᓂᓇᐯᐧᐃ ᐧᐃᒋᑦᐃᐧᐁᐧᐃᓐ ᑲᓇᑕ ᐱᓇᒪ ᐅᑭᑭᐱᑎᓇᓇᐧᐊ ᑲᑭᓇ ᑭᒋ ᐊᓇᑕᒪᑭᐃᓐ ᑕᓯ ᐱᐳᓐ ᑎᐸᑦᐊᒪᑭᐃᓐ ᑐᑕᒧᐧᐃᓇᓐ ᐸᓂᒪ ᓇᑭ ᑕᑲᔭᑯ ᐧᐃᒋᑲᒐᓐ ᑭᐤᐱᓐ ᐧᐃᒐᐱᓇᒪᓐ ᑭᒋ ᐊᓇᑕᒪᑭᐃᓐ ᑎᐸᑦᐊᒪᑭᐃᓐ, ᔭᑦᐃ ᑭᒋ ᐊᓇᑕᒪᑭᐃᓐ ᑕᓯ ᐱᐳᓐ ᑎᐸᑦᐊᒪᑭᐃᓐ ᑲᑭᐧᐃᐧᐃᓐ ᑲᑭᐤᐳᓂᐱᑦᐊᓐ ᐱᓇᒪ ᑲᑭᕐᐱᑦᐊᓐ ᐁᑯ ᑲᐱᑕᑭᐱᓇᓐ ᒋᐃᕐᓂᓐᒐᐱᑦᐃᑲᒐᒃ ᐊᓂᕐᓂᓇᐯᐧᐃ ᐧᐃᒋᑦᐃᐧᐁᐧᐃᓐ ᑲᓇᑕ ᒥᓯᐧᐁ ᓴᑲᑭᐱᑦᐃᑭᐃ ᑲᒥᒃᓯ ᑭᒋ ᐊᓇᑕᒪᑭᐃᓐ ᑎᐸᑦᐊᒪᑭᐃᓇᓐ ᑕᐱᑕᑭᐱᓂᑲᒐᐧᐊᓐ ᒋᕐᕐᓂᓂᒐᒪᑯᔭᓐ ᑭᑎᐸᒪᑭᐃᓇᓐᓯ

ᑭᒋ ᐊᓇᑕᒪᑭᐃᓇᓐ ᑕᓯ ᐱᐳᓐ ᑎᐸᑦᐊᒪᑭᐃᓐ ᑭᐤᐱᓐᓂᐱᑦᐃᑭᐃ ᐯᐸᓇᓐ ᐅᑦᐅᒪ ᐅᓐᒋ ᐧᐃᑭᐸᑦᐊᓐ ᐱᐧᐊᐱᑯᒃ: https://www.sac-isc.gc.ca/eng/1100100032294/1581869772685

COVID-19 BULLETIN

MATAWA FIRST NATIONS

(EXCERPT FROM INDIGENOUS SERVICES CANADA)

What are treaty payments?

Every year the Government of Canada makes treaty annuity payments to status Indians who are entitled to them through membership in bands that have signed specific historic treaties with the Crown.

Most treaty payments are made in cash during treaty payment events in First Nation communities and urban centers, on or off reserve. They are coordinated by Treaty First Nations and ISC regional offices. The fulfillment of treaty provisions is a legal obligation of the Government of Canada.

Honouring treaty commitments

ISC is responsible for honouring the Crown's money-related treaty promises, which include most treaty annuities.

The fulfillment of the commitments made under the treaties is symbolic of the special relationship between First Nations and the Crown. The Government of Canada honours and respects these historical events and is committed toupholding the important place they hold for Indigenous peoples and all Canadians.

Who is eligible?
You are entitled to treaty annuity payments if you are a Status Indian (registered Indian) and a member of a First Nation that has signed one of the following treaties:

- The Robinson-Huron and Robinson-Superior Treaties (1850)
- Treaty No.1, Treaty No.2, Treaty No.3, Treaty No.4, Treaty No.5, Treaty No.6, Treaty No.7, Treaty No.8, Treaty No.9, Treaty No.10, and Treaty No.11 (together, these are known as the eleven "Numbered Treaties" from 1871-1921)

(ᐃᓐᑕᒪᕐᐃᓇᓐ ᔭᖅᐃᒃ ᐊᓂᔅᓇᐯᐃ ᐃᒋᖅᐃᐅᐃᓐ ᑲᓇᑕ)

ᐅᑯᓄᓐ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓇᓐ ᑕᐸᖅᐊᒪᕐᐃᓇᓐ?

ᑕᓯ ᐱᐳᓐ ᑭᒋ ᐅᑭᒪᐃᓐ ᑲᓇᑕ ᐅᐅᔅᑐᐊᒡ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓐ ᑕᓯ ᐱᐳᓐ ᑎᐸᖅᐊᒪᕐᐃᓇᓐ ᐅᑎᐸᒪᑲᓄᒡ ᐊᓂᔅᓇᐯ ᑲᐃᓇᑭᓱᒡ ᒋᑐᐱᓇᒃ ᒣᑲᒡ ᑲᑕᑯᐱᖅᐃᑲᓱᒡ ᐅᑕᔅᕐᐃᓂᒃ ᑲᑭᐅᔅᐱᖅᐅᑎᓱᐊᐸᓐ ᐅᑕᓇᒃ ᐊᓂᔅᓇᐯᒃ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓇᓐ ᑲᑭᔅᐅᔅᒋᑐᒃ ᐊᑲᒪᑭᒃ ᑭᒋ ᐅᑭᒪᐃᕐᕐᓵ

ᓇᓂᑕ ᑭᒋ ᐊᓇᑕᒪᕐᐃ ᑎᐸᖅᐊᒪᕐᐃᓇᓐ ᓇᓂᔭ ᐅᒥᕐᕐᓇᓂᐊᒃ ᒣᑲᒡ ᑭᒋ ᐊᓇᑕᒪᕐᐃ ᑎᐸᖅᐊᒪᕐᐃᓐ ᑐᑕᒧᐃᓇᓐ ᐊᓂᔅᓇᐯᐃ ᑕᔅᕐᐃᓂᒃ ᐅᑯ ᓇᓂᑕ ᐅᑐᓇᒃ, ᑲᐃᔅᑕᐊᒡ ᐅᑐᓇᒃᓵ ᔭᖅᐃᒃ ᐅᓐᒋ ᐅᓄᒋᑲᑐ ᑭᒋ ᐊᓇᑕᒪᕐᐃ ᐊᓂᔅᓇᐯᐃ ᑕᔅᕐᐃᓂᒃ ᐅᑯ ᐊᓂᔅᓇᐯᐃ ᐃᒋᖅᐃᐅᐃᓐ ᑲᓇᑕ ᒥᓱᐅ ᓴᑲᑭᐱᖅᐃᕐᐃ ᑲᒥᒃᓵ ᐅᖅᐅᐅ ᑐᑕᒧᐃᓇᓐ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓇᓐ ᑲᐃᔅᐱᖅᐃᑲᒃ ᐅᓇᑯᓂᕐᐃᓇᓐ ᒋᐱᒥᓂᖓᖅᐃᑲᒃ ᑭᒋ ᐅᑭᒪᐃᓂᒃ ᑲᓇᑕᓵ

ᒋᑭᒋᓄᒋᑲᑐᒃ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓐ ᑲᑭᔅᓇᕐᕋᑲᑐᒃ ᒋᑐᒋᑲᑐᒃ

ᐊᓂᔅᓇᐯᐃ ᐃᒋᖅᐃᐅᐃᓐ ᑲᓇᑕ ᐅᓇᑕᐅᑕᑯᓱᒡ ᐅᖅᐅᐅ ᑉᑲᔭᒃ ᒋᑭᒋᓄᒋᑲᑐᒃ ᑲᑭᔅᓇᕐᕋᑲᑐᒃ ᒋᑐᒋᑲᑐᒃ ᑭᒋ ᐊᓇᑕᒪᕐᐃᓇᓐ ᐅᔅᓇᑯᒃ ᑲᑭᔅᑲᕐᕐ ᒥᓄᐃᒋᐃᑎᓇᓂᒃ ᐊᓂᔅᓇᐯᐃ ᑕᔅᕐᐃᓇᓐ ᐅᑯ ᐊᑲᒪᑭᒃ ᑭᒋ ᐅᑭᒪᐃᕐᕐᓵ ᑭᒋ ᐅᑭᒪᐃᓐ ᑲᓇᑕ ᐅᑭᒋᓄᑕᒧᐊᒡ ᐅᑯ ᐅᑭᑕᒧᐊᒡ ᐅᖅᐅᐅ
ᐅᑕᓇᒃ ᑲᑭᑐᒋᑲᑐᒃ ᐅᑯ ᑉᑲᔭᒃ ᐅᐃᑐᑕᒧᐊᒡ ᐅᖅᐅᐅ ᑲᑭᒋᓄᑕᑯᒃ
ᑭᓇᕐᕋᑲᑐᒃ ᒋᑐᒋᑲᑐᒃ ᑲᑭᓇ ᐊᓂᔅᓇᐯᐃ ᐃᓂᓂᐊᒃ ᐅᑯ ᑲᑭᓇ ᑲᓇᑕ
ᑲᑕᐊᒡᓵ

COVID-19 BULLETIN

MATAWA FIRST NATIONS

ᐊᐧᐊᓐᓂᐧ ᕿᑌᐱᓇᒃ?

ᑲᑌᐱᓇᓐ ᑎᐸᒻᐊᒪᕐᐃᓐ ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ ᑕᓱ ᐱᐳᓐ ᑎᐸᒻᐊᒪᕐᐃᓐ ᑭᙵᐱᓐ ᐊᓂᔑᓇᐯᐧᐃ ᐃᓇᑭᒥᑯᔭᓐ (ᑕᔑᕐᐃᓂᒃ ᐅᓐᒋᑎᐯᑕᑯᓯᔭᓐ) ᐁᑯ ᔭᒻᐃᒃ ᐁᔑᑕᔭᓐ ᐊᓂᔑᓇᐯᐧᐃ ᑕᔑᕐᐃᓂᒃ ᑲᑭ ᓇᕐᑕᒧᐧᐊᒡ ᑭᒋ ᐊᖠᑕᒪᕐᐃᓂᓂ ᐅᒻᐅᐁᕐᕿᓂᐧᐊᓐ:

- ᔭᒻᐃ ᕈᐱᓐᓴᓐ-ᒻᐃᕋᓐ ᐁᑯ ᕋᐱᓐᓴᓐ-ᑭᒋ ᑲᒥᒃ ᑭᒋ ᐊᖠᑕᒪᕐᐃᓇᓐ (1850)
- ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.1, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.2, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.3, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.4, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.5, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.6, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No. 7, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.8, ᑭᒋ ᐊᖠᑕᒪᕐᐃᓐ No.9, ᑭᒋ ᐊᖠᑕᒪᕐᐃ

COVID-19 TESTING/SITUATION UPDATE

Health Unit	Positive	Resolved	Deaths
Porcupine	72	na	8
Thunder Bay	99	na	1
Northwestern	44	na	-
TOTALS FOR HEALTH UNITS IN MATAWA	215	na	9

DATE EXTRACTED - August 7, 2020 - meegwetch to the Matawa Health Co-operative for the compilation of statistics. Please note that the table has been adjusted to account for changes on health unit websites. *na = not available

NOTES: In terms of positive cases from our last bulletin July 31, 2020: the Porcupine Health Unit is up 2 positive cases, and the Thunder Bay Health Unit is up 4 positive cases, and Northwestern Health Unit has stayed the same. Overall positive cases went up 6. The death toll stayed the same.

ᑭᓯᔾ ᑲᑭᐅᑎᖽᑲᒐᒃ - ᐅᒡᐸᒧᐃ ᑭᓯᔾ 7, 2020 - **ᒥᕐᕿᒡ ᒪᑕᐧᐊ ᒥᓄᔭᐃᓐ ᐃᑕᓄᑭᒥᑐᐃᓐ ᐅᒻᐅᐁᓂ ᐃᓐᑕᒪᕐᐃᓇᓐ ᑲᑭᒪᐃᑐᓇᒧᐧᐊᒡᓵ ᒋᑭᕐᕿᑲᒐᒃ ᐅᒻᐅᐁ ᐃᓐᑕᒪᕐᐃᐱᒻᐃᑲᓐ ᑭᐊᒋᒋᑲᒐ ᒪᔭᒡ ᒋᔑᐱᒻᐃᑲᒐᒃ ᑕᐱᙵᒡ ᒥᓄᔭᐃᓐ ᐊᓄᑭᐃᓂᒃ ᐱᐧᐊᐱᑯᒡᓵ. *na = ᑲᐃᓐ ᒪᔑᒋᒥᓄᔭᒃ ᐱᐧᐊᐱᑯᒃ**

ᕿᑭᕐᕿᑲᒐᒃ: ᓄᑯᒡ ᑲᔑᑭᕐᕿᑲᒐᒃ ᑲᑭᒥᑭᑲᒐᒃ ᐊᑯᓯᐃᓐ ᑲᐊᑯᙵᑲᑯᐧᐊᒡ ᒥᓇᐧᐊ ᑲᑭᐃᓐᕿᑲᒐᒃ ᐊᑎᐅᒥᓂ ᑭᓯᔾ 31, 2020: ᔭᒻᐃᒃ ᑲᒃ ᒥᓄᔭᐃᓐ ᐃᒋᒻᐃᐁᐃᓂᒃ ᓄᑯᒡ 2 ᑭᒥᑭᐅ ᐃᓇᐱᓐᐃᓐ, ᐁᑯ ᐊᓂᒥᑭᐃ ᑲᒥᓐᒃ ᒥᓄᔭᐃᓐ ᐃᒋᒻᐃᐁᐃᓂᒃ 4 ᑭᒥᑭᑲᐅ ᐃᓇᐱᓂᐃᓇᓐ, ᐁᑯ ᑭᐁᑎᓄᒃ ᒥᓄᔭᐃᓂᒃ ᐃᒋᒻᐃᐁᐃᓐ ᑭᔭᐸᒡ ᒪᔭᒡᓵ ᒥᓯᐁ ᑲᑭᒥᑭᑲᒐᒃ ᐃᓇᐱᓐᐃᓂᓂ ᑭᐃᙵᐱᔅ 6ᓵ ᓄᑯᒡ ᑲᑭᓂᐳᐧᐊᒡ ᑭᔭᐸᒡ ᒪᔭᒡ ᐃᔑᓇᑯᓐᓵ

COVID-19 BULLETIN

MATAWA FIRST NATIONS

Supporting a Friend Experiencing Abuse

Find help and advice for yourself or someone you care about.

If you are worried about a friend who is being abused or feels unsafe, review these tips on how best to support them.

Need help for yourself? See tips and resources for people experiencing abuse.

ᒋᐃᒋᑊᐊᒡ ᑲᒥᓄᐃᒋᐊᒡ ᒣᑲᒡ ᑲᓇᖃᑲᒋᑊᐊᑲᖃᒡ

ᓇᓇᑕᐊᐸᑕᒃ ᑲᔅᐃᒋᑊᐃᑯᔭᓐ ᐁᑯ ᓇᓇᑕᐸᑕᓐ ᐃᓐᑕᒪᑊᐃ ᑐᑕᒧᐃᓇᓐ ᑫᔅᐃᒋᑊᐃᑎᓯᔭᓐ ᕫᒪ ᐊᐃᔭ ᑲᔭᑭᑊᐊᒡᑭᒡᐱᓐ ᐧᐊᐧᐊᖃᑕᒪᓐ ᑲᒥᓄᐃᒋᐧᐊᒡ ᒣᑲᒡ ᐁᓇᖃᑲᒋᑊᐊᑲᖃᒡ ᕫᒪ ᐁᓇᓂᔭᖃᑕᒃᐧ ᐅᑊᐅᐁ ᐊᑭᑕᓐ ᐃᑕᒪᑊᐃᓇᓐ ᖃᔭᒃ ᑫᔅᒥᓄᔭᒃ ᑫᑐᑕᒪᓐ ᑫᔅᐃᒋᑊᐊᒡᐧ

ᑭᒡᐱᓐ ᓇᑕᐁᑕᒪᓐ ᒋᐃᒋᑊᐃᑐᓯᔭᓐ? ᐅᑊᐅᒪ ᐃᓇᐱᓐ ᐁᑯ ᐃᒋᑊᐃᐁᐃ ᐊᐸᒋᑕᑲᓇᓐ ᐊᔭᐧᐊᒃ ᑭᒡᐱᓐ ᐊᐃᔭ

ᑲᐧᑫ ᑲᓄᒡ ᐁᑯ ᓇᑕᐧᐊᐸᑕᓐ ᕿᐅᒋᑲᓄᓂᑎᔪᒃ

ᑲᐧᑫᒋᒡ ᑲᒥᓄᐃᒋᐧᐊᒡ ᐊᓂᓐ ᕿᔅᒥᓄᔭᒃ ᕿᐅᓐᒋᑲᓄᓂᑎᔪᒃᐧ ᑭᒡᐱᓐ ᑲᓇᓂᑲᒋᑊᐃᐁᒡ ᐁᓇᓇᑲᒋᑐᒡ ᑲᑭᓇ ᑲᐱᒋᑭᑐᒡ, ᑲᐅᔅᐱᑊᐊᒡ ᐁᑯ ᐱᐧᐊᐱᑯ ᐅᔅᐱᑊᐃᑲᓇᓐ, ᒪᒥᑎᖃᑕᓐ ᒪᑲᓂᑐᑕᒧᐃᓇᓐ ᐊᓂᓐ ᕿᐅᓐᒋᑲᓄᓂᑎᔪᒃᐧ ᑎᓄᑲᓐ ᐁᑲ ᐊᐃᔭ ᕿᑭᕿᑕᒃ ᐃᑭᑐᐃᓇᓐ, ᐃᑭᑐᐃᓇᓐ ᕿᒪ ᐱᐧᐊᐱ ᐅᔅᐱᑊᐃᕿᐃᓇᓐ ᒋᐅᓐᒋᐃᒋᑊᐃᑯᔭᓐ ᒋᐅᓐᒋᑲᑭᑐᔪᒃ ᐁᑲ ᐊᐃᔭ ᒋᓄᑕᒃᐧ

Stay in Touch and Be Creative

Ask your friend the best way to stay in touch. The abuser may be monitoring calls, texts and emails, so think of other ways to connect. Secret code words, sentences or even emojis can help you communicate privately.

Let Them Be in Charge

Your friend should be making their own decisions and choices about their safety. Unless you strongly believe that their life is in immediate danger, ask their consent before doing anything on their behalf.

ᐃᓂᐧᐊ ᑲᑭᓇ ᕿᑯᓂᓂ ᐅᑲᑕᔅᑐᑕᓇᐧᐊ

ᑲᒥᓄᐃᒋᐧᐊᒡ ᐅᑕᐅᖃᑕᓐ ᑲᑭᓇ ᕿᑯᓇᓐ ᑲᔅᐅᖃᑕᑭᓐ ᐁᑯ ᕿᑐᑕᑭᓐ ᕿᔅᒥᓄᔭᒡᐧ ᑭᒡᐱᓐ ᐃᖃᑕᒪᓐ ᒋᓇᓂᔭᓂᔭᒡ ᐃᑊᐃᐁ ᑲᑐᑕᒃ ᐊᐸᓐ ᒋᒪᒋᔭᒡ, ᑲᐧᕿᒋᒡ ᐱᓇᒪ ᒋᐧᐸ ᑐᑕᒪᓐ ᕿᑯᓐ ᐃᐃᒋᑊᐊᒡᐧ

Be Supportive

Reassure your friend they are not alone. Help and support are out there. Recognize that it may be difficult for them to talk about the abuse due to fear or shame. If they want to talk, listen carefully and be empathetic

Help Make a Plan

Sheltering in place can escalate an abuser's use of violence. Help your friend create a plan for getting through this time safely. For example, you can help your friend reach out to friends and family to find a place to stay.

ᑲᐧᕿᐃᒋᑊᐃ

ᐃᓐᑕᒧ ᑲᒥᓄᐃᒋᐧᐊᒡ ᑲᐃᓂᓐ ᒋᐯᔅᑯᒡᐧ ᐃᒋᑊᐃᐁᐃᓐ ᐁᑯ ᓯᑐᖕᑲᕿᐃᓇᓐ ᐊᔭᐧᐊᓐᐧ ᑲᐧᕿᓂᓯᒐᐃᓇᓐ ᐁᓴᓇᕿᑕᑯᒃ ᒋᑕᔅᑕᒧᐧᐊᒡ ᐅᑊᐅᐁᓂ ᒣᑲᒡ ᑲᓇᖃᑲᒋᑊᐊᑲᖃᒡ ᐁᑯᑕᒋᓐ ᕿᒪ ᐁᒪᒣᓂᖠᑕᒃᐧ ᕿᖕᐱᓐ ᐃᑲᑭᑐᒡ, ᐧᑲᔭᒃ ᐱᓯᑕᓐ ᐁᑯ ᑲᐧᕿ ᑭᑭᑕᓐ ᑲᐃᓯᔭᒡᐧ

ᐃᒋᑊᐃ ᒋᐅᔅᑐᒡ ᕿᑐᑕᒃ

ᑲᑐᒡ ᐅᑊᐅᐁ ᑲᑐᑕᐧᐊᑲᖃᒡ ᑕᓂᐃᖕᐱᔅᑲᑐᑕᒃ ᑲᖃᑲᒋᑊᐃᐁᒡ ᐅᑲᓂᐃ ᒥᑲᓇᓐᐧ ᐃᒋᑊᐃᐁ ᑲᒧᓄᐃᒋᐧᐊᒡ ᒋᐅᔅᑐᒡ ᕿᑐᑕᒃ ᐊᓂᓐ ᕿᔅᒥᓄᔭᒃ ᒋᔅᓱᐳᖕᑲᒃ ᐅᑊᐅᐁ ᑲᐃᓯᔭᒡ ᐁᑲ ᕿᑯᓐ ᒋᔅᒪᓯᔭᒡᐧ ᑎᓄᑲᓐ, ᒋᐃᒋᑊᐊᒡ ᑲᒥᓄᐃᒋᐧᐊᒡ ᒋᓇᑕᐧᐊᐸᑕᒃ ᐃᒋᑊᐃᐁᐃᓐ ᑭᑐᑭᔭᒃ ᑲᒥᓄᐃᒋᐧᐊᒋᓐ ᕿᒪ ᐅᑎᐯᒋᕿᐃᓂᒃ ᒋᑭᒪᒃ ᕿᐃᔅᑕᓐᐧ

Share Resources

Let your friend know they can talk to someone who has been trained to help. Share information about local helplines or domestic violence programs.

ᐃᓐᑕᒧ ᐃᒋᑊᐃᐃᓇᓐ ᑲᐊᔭᑭᓐ

ᐃᓐᑕᒧ ᑲᒥᓄᐃᒋᐧᐊᒡ ᐊᔭᐧᐊᒃ ᐊᐃᔭᒃ ᕿᑲᓄᓇᐧᐊᒡ ᐅᑊᐅᐁᓂ ᑲᑭᔅᑭᑯᓄᑊᐅᒪᑲᖃᐧᐊᒡ ᕿᔅᐃᒋᑕᐧᐊᒡᐧ ᒥᓇᑲᓐ ᑭᕿᑐᒧᐃᓇᓐ ᔭᑊᐃᓂ ᑭᑎᐃᓇᓐ ᕿᔅᑭᑐᒡ ᐃᒋᑊᐃᐁᐃᓇᓐ ᕿᔅᒥᑲᒃ ᕿᒪ ᓇᓂᑲᒋᑊᐃᐁᐃ ᐃᒋᑊᐃᐁᐃᓇᓐᐧ