



## MATAWA HEALTH CO-OPERATIVE



# Who we are

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The Matawa Health Cooperative (MHC) exists to support and enhance existing health services to our Matawa citizens both on and off reserve. MHC is overseen by a Board of Directors and is a member of the Health Care Co-operatives Federation of Canada. MHC is community-driven with available services being tailored to individual Community needs.

The MHC works to incorporate traditional healing and medicines in addressing the holistic health needs of the Matawa First Nations focusing on the priorities of mental health and addictions, diabetes and chronic diseases. It oversees an Inter-Professional Primary Care Health Team providing direct services in the Matawa First Nations or through telemedicine.

# What we offer

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The Matawa Health Cooperative provides physician, nursing, mental health, dietitian services; both in person and virtually.

- ▶ Primary Care
- ▶ Mental Health
- ▶ Elder Support
- ▶ Foot Care
- ▶ Chronic Disease Support
- ▶ Community Health
- ▶ Public Health
- ▶ Traditional Healing
- ▶ Youth Services
- ▶ Diabetes Support
- ▶ Nutrition Programs
- ▶ Educational Programs
- ▶ Immunization/  
Vaccinations

## Matawa Health Cooperative

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