



MEDIA ADVISORY

Monday, June 10, 2024

FOR IMMEDIATE RELEASE

MATAWA HEALTH CO-OPERATIVE SUPPORTING YOUTH MENTAL HEALTH AT SECOND ANNUAL SUMMIT

THUNDER BAY, ON: This week, the Matawa Health Co-operative (MHC) will host its second annual Youth Mental Health Summit aimed at enhancing the mental health and wellness of Indigenous youth in Matawa communities. The summit, happening June 12 and 13 at the Best Western Plus Norwester Hotel & Conference Centre in Thunder Bay, features keynote speakers Scott Wabano, a Cree stylist, and Nishinaabe fashion designer Ocean Kiana, plus a number of workshops and activities focused on cultivating resiliency through a cultural lens.

Walking Bear, a drum group from Ginoogaming First Nation, and Elders Arthur Moore from Constance Lake First Nation, Elizabeth Moore from Lac des Mille Lacs First Nation, and Peter Sackaney, a residential school survivor, will also be present, along with representatives from Nishnawbe Aski Nation's Oshkaatisak (All Young People's) Council. Evening programming is planned for each day, including a [Social Pow Wow](#) on June 13 featuring Master of Ceremonies Ron Kanutski and Arena Director David Simard.

Members of the media are cordially invited to attend. The MHC Youth Mental Health Summit program is available [here](#).

Date: Thursday, June 13, 2024

Location: Best Western Plus Norwester Hotel & Conference Centre
2080 Hwy 61
Thunder Bay, ON P7J 1B8

Time: 2:30 p.m. – 4 p.m. Media are also invited to attend the Social Pow Wow from 6 p.m. to 9 p.m.

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For more information, please contact: Charnel Anderson, Communications Generalist – Matawa First Nations at (807) 621-9405 or by email at canderson@matawa.on.ca.