



## **EMPLOYMENT OPPORTUNITY**

**Position:** Adult Mental Health & Wellness Worker

**Background:** Incorporated in 2017, the Matawa Health Cooperative (MHC) is a Matawa First Nations owned and controlled health co-operative that provides health care services to enhance existing health services to achieve long-term health and well-being for all members within the nine (9) Matawa First Nations. It is overseen by a Board of Directors and is a member of the Health Care Co-operatives Federation of Canada. The MHC is community-driven with available services being tailored to individual community's needs. It is the first of its kind in Canada.

The MHC works to incorporate traditional healing and medicines in addressing the wholistic health needs of the Matawa First Nations focusing on the priorities of mental health and addictions, diabetes, and chronic diseases.

The organization is accepting applications for **Adult Mental Health & Wellness Worker**.

**Position Summary:** The Adult Mental Health & Wellness Worker will provide mental health and wellness support to First Nations members residing in the Matawa communities. This role will offer preventative mental health service delivery and programming from a holistic perspective, seeking to address all areas of wellness including physical, mental, emotional, and spiritual. This position involves routine travel.

### **Specific Duties Include:**

- Provide solution-focused counselling services to Matawa members who are in Thunder Bay as well as remote Matawa First Nations communities;
- Case management skills (scheduling and managing appointments, home visits, and wellness checks which may be in-person and/or virtual);
- Support Matawa members in addressing mental health issues that may include but are not limited to trauma, grief and loss, depression/anxiety, self-harm/suicide prevention services, harm-reduction, safety planning, and substance misuse and addictions;
- Advocacy and assistance with system navigation, support, and referrals (coordinate and network with community services and supports to provide members with services that address their individualized needs);
- Maintain accurate and confidential client records electronically and in a timely manner;
- Follow duty to report requirements as necessary;
- Work as part of a multi-disciplinary team (includes but is not limited to MHC Staff, Chief & Council, Matawa Health Directors, Crisis Teams, Elders and Traditional Knowledge Keepers);
- Plan, coordinate, and deliver/facilitate culturally relevant mental health and wellness programming for Matawa members. Flexibility with delivery and facilitation of programming is required as this may be done in person, hands-on/land-based, or online/virtually;
- Participate in regular supervision meetings;

- Frequent travel to Matawa First Nations communities, often by small aircraft;
- All other duties as deemed necessary by your immediate Lead/Supervisor.

**Preferred Qualifications, Experience, Knowledge and Abilities:**

The Adult Mental Health & Wellness Worker must possess at minimum: a bachelor’s degree in social work, or related field. Applicants with a diploma related to the area of Social Work will be considered (e.g., Indigenous Studies, Native Child & Family Services, Social Service Worker). It is strongly preferred that the applicant be registered with a regulatory body (e.g., College of Social Workers/Social Service Workers or equivalent).

Applicants must be able and willing to travel to the Matawa communities as required and must have a valid G Class Driver’s License (Ontario). Applicants must be willing to provide a police criminal background check and a vulnerable sector check. Finally, the ideal candidate must also have the ability to display and support Matawa Health Co-operative’s vision, mission, and goals in providing respectful and effective health care/mental health services.

**The incumbent should also have proficient knowledge in the following areas:**

- Knowledge of foundational theories, principles, and practices as they relate to Social Services, Social Work, and/or Counselling;
- Knowledge of assessment tools and harm-reduction practices;
- Strong knowledge of practice regulations: familiar with privacy, confidentiality, and duty to report;
- Knowledge of support services, both in Thunder Bay and in the Matawa communities;
- Cultural Competency;
- Knowledge of First Nations culture, history, community-based services, geographic realities, and social conditions within remote First Nations communities.

**Location:** Thunder Bay, ON (with extensive travel to Matawa communities)  
**Salary:** Commensurate with experience  
**Term:** Full-Time Position

**How to Apply:** Please send your cover letter, resume and three references to:

Matawa Health Co-operative  
 RE: ADULT MENTAL HEALTH & WELLNESS WORKER  
 233 Court Street South  
 Thunder Bay, ON P7B 2X9 Fax: (807) 346-2371  
 Email: [MHC-Careers@matawa.on.ca](mailto:MHC-Careers@matawa.on.ca)

**Deadline:** Hiring for one (1) vacancy, position will be posted until vacancy is filled.

*Matawa First Nations Management has adopted a COVID-19 Vaccination Policy by which all staff, who are eligible, must be fully vaccinated. If you have any questions or concerns regarding this, please contact us.*



- CIRCLE OF BELONGING -