



MEDIA ADVISORY

AUGUST 6, 2024

FOR IMMEDIATE RELEASE

## **MATAWA HEALTH CO-OP TO CELEBRATE GRAND OPENING OF WELLNESS GARDEN**

**Thunder Bay, ON:** On August 8, the Matawa Health Co-operative will be celebrating the grand opening of its Wellness Garden, a mindfully designed community and cultural hub located at the Matawa Training and Wellness Centre at 523 Algoma St. N. in Thunder Bay.

The Matawa Health Co-op, with support from Matawa First Nations Management and the Matawa Training and Wellness Centre, has developed a functional, creative, and accessible garden aimed at promoting health and wellness and food sovereignty. The garden, complete with a greenhouse dome, features over 150 varieties of plants with medicinal, culinary, and ceremonial applications.

Members of the media are cordially invited to attend the grand opening of the Matawa Health Co-operative's Wellness Garden.

**Date:** August 8, 2024

**Time:** 1:30 p.m.

**Location:** Matawa Training and Wellness Centre  
523 Algoma St. N.  
Thunder Bay, ON P7A 5C2

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**For more information, please contact:** Charnel Anderson, Communications Generalist -  
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