



## EMPLOYMENT OPPORTUNITY

### **Position: Travelling Mental Health & Wellness Worker**

#### **Background:**

Incorporated in 2017, the Matawa Health Co-operative (MHC) is a Matawa First Nation owned and controlled health Co-operative that provides health care services to enhance existing health services to achieve long-term health and well-being for all members within the nine (9) Matawa First Nations. It is overseen by a Board of Directors and is a member of the Health Care Co-operatives Federation of Canada. The MHC is community-driven with available services being tailored to individual community's needs. It is the first of its kind in Canada.

The MHC works to incorporate traditional healing and medicines in addressing the wholistic health needs of the Matawa First Nations focusing on the priorities of mental health and addictions, diabetes and chronic diseases.

The organization is accepting applications for **Travelling Mental Health & Wellness Worker**.

#### **Position Summary:**

The Travelling Mental Health & Wellness Worker provides holistic, culturally grounded mental health, wellness, addictions, and harm-reduction support to First Nation members in Matawa communities, both in Thunder Bay and in remote First Nation settings. The role focuses on preventative, trauma-informed, and strengths-based service delivery that addresses physical, mental, emotional, and spiritual well-being, while also supporting case management, culturally relevant programming, and coordinated care. Working within a multi-disciplinary team, the position collaborates with community partners, Elders, and Traditional Knowledge Keepers to promote healing, resilience, and continuity of care across the lifespan.

For more details, please review the Travelling Mental Health & Wellness Worker Job Description.

#### **Benefits of working for the Matawa Health Co-operative:**

- Optional flexible schedule to support work-life balance.
- HOOPP pension plan available to all employees.
- Canada Life benefit plan that includes dental, healthcare and vision care.
- Employee & family assistance program (EFAP) available to all employees.
- Competitive salaries and paid vacation time.
- Making a difference for Matawa communities.

**Location:** Thunder Bay, Ontario (with extensive travel to Matawa communities)

**Salary:**  
Diploma: \$68,000 - \$78,830.64  
Degree: \$70,000 - \$81,194.19  
Masters: \$78,000 - \$90,423.38

**Term:** Full Time

**How to Apply:** Please send your cover letter and resume with three references to:

Matawa Health Co-operative  
RE: Travelling Mental Health & Wellness Worker  
523 Algoma St. N.  
Thunder Bay, ON P7A 5C2  
Fax: (807) 346-2371  
Email: [mhc-careers@matawa.on.ca](mailto:mhc-careers@matawa.on.ca)

**Deadline:** Open Until Filled

**For additional information, please view the job description at the Matawa website:**

**www.matawa.on.ca**  
(or at: <http://www.matawa.on.ca/recruitment/career-opportunities/>)

*We thank all applicants for their interest in working with the Matawa Health Co-operative, however only those selected for an interview will be contacted.*

523 Algoma St. N. Thunder Bay, ON, P7A 5C2  
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