



**AROLAND FIRST NATION  
EDUCATION AUTHORITY**  
P.O. Box 16, Aroland, ON P0T1B0  
Tel (807) 329-5970

## EMPLOYMENT OPPORTUNITY

Aroland First Nation Education Authority and Aroland Health Centre is inviting applications for the following position:

### MENTAL HEALTH & WELLNESS COUNSELLOR

#### Position Summary:

Aroland First Nation is seeking an individual who is a self-starter, energetic and dedicated to the job. The successful candidate will work within the Choose Life Program and be responsible for providing counselling and support to individuals experiencing mental health and addictions. Specifically, engaging the First Nation population in Aroland First Nation in traditional and culturally competent services. This may include confidential individual counselling about the causes and effect of mental health disorders and/or addictions and/or referrals for treatment. The Mental Health & Wellness Counsellor will also provide education to individuals and groups in the community with a focus on mental health and addiction related topics, such as suicide prevention, substance use, anxiety and depression, etc. The Mental Health & Wellness Counsellor will be familiar with other services and resources in the community and district and will work closely to provide information and support when required. A full job description is available upon request.

#### Skills:

The incumbent must have proficient skills and knowledge in the following areas:

- Knowledge of techniques and principles of the counselling systems theory, crisis therapy intervention, individual/group therapy, trauma response, child abuse and family violence, cognitive behavioural therapy, suicide intervention
- Support system and self-care strategies in place to maintain own well-being
- Strong set of interpersonal skills to establish and maintain rapport effectively with clients and partners
- Knowledge of First Nations culture, history, community-based services, geographic realities and social conditions within First Nation communities

#### Qualifications:

- Master's/ Bachelor's degree with a major in Counselling Psychology, Social Work or related field
- Diploma related to the area of Social Work will be considered (e.g. Social Service Worker, Human Services Counsellor)
- Registration with College of Psychotherapy or College of Social Workers or another recognized professional counselling college
- At least 2 years' experience working with children, adolescents and/or families in a clinical capacity
- Ability to communicate in one of the First Nations dialects of the Treaty 9 region is an asset
- Current Criminal Record Check, Clear Vulnerable Person Sector Check

**Work Location:** Choose Life Office, 118 Rolland's Road

**Salary:** Varies with Education & Experience

**Closing Date:** Open Until Filled

Please submit a cover letter, resume, proof of professional registration, and three professional references to:

**Angela Towedo, Education Director**  
Aroland First Nation, P.O. Box 16  
Aroland, Ontario  
P0T-1B0  
807-329-5970

**By Email: [angela.towedo@aroland.fngov.ca](mailto:angela.towedo@aroland.fngov.ca)**